

Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	14.73	INGRID MEIER		ZITTAU, GER	2017/06/30
HONG KONG RECORD	11.62	LAM ON KI 林安琪	2019 Asian Athletics	Khalifa	2019/04/21
Masters ACR	19.03	Lui Maria N K 呂梁乃港	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	19.03	Lui Maria N K 呂梁乃港	Hong Kong Masters Athletics	TKO SG	2018/10/27



29 2023/10/29



Start: 13:35



28°C



58%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-2	MA SEK WAI YEE STELLA	馬石慧儀	70842 SCAA	18.84	+1.1	HKMACR, R
2	1-7	YEUNG WING HAN	楊詠嫻	70843 SCAA	19.40	+1.1	
3	1-8	WONG MIU TO	黃妙桃	70840 PKMSAA	22.48	+1.1	

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 1500M



Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	5:46.90 ANGELA COPSON		NUNEATON, GBR	2017/06/04
	HONG KONG RECORD	4:21.60 CHAN MAN YEE MAGGIE 陳敏儀	1999 Summer Universiade	Son Moix	1999/07/08



2023/10/29



Start: 14:50



27°C



69%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
	1-9	AU YUK LIN	歐玉蓮	70836 PKMSAA	DNS	

long jump shot put
javelin 5000m discus
400m 80m hurdles
100m 200m
110m hurdles 3000m walk
100m hurdles 3000m walk
high jump
4x100m 4x400m

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合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	31.30	INGRID MEIER		ZITTAU, GER	2017/07/02
HONG KONG RECORD	23.79	WAN KIN YEE 溫健儀			1999/05/16
Masters ACR	39.96	LUI NAI KONG MARIA 梁乃港			2022/11/27
HKMAC RECORD	39.96	LUI NAI KONG MARIA 梁乃港			2022/11/27



2023/10/28



Start: 11:00



28°C



70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-7	MA SEK WAI YEE STELLA	馬石慧儀	70842 SCAA	39.29	+0.9	HKMACR, R
2	1-4	WONG MIU TO	黃妙桃	70840 PKMSAA	59.26	+0.9	

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協辦機構:



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合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	1:11.78	BARBARA BLURTON		PERTH, AUS	2020/12/10
HONG KONG RECORD	55.03	WAN KIN YEE 溫健儀			1999/03/02
Masters ACR	1:40.81	MA SEK WAI YEE, STELLA	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	1:40.81	MA SEK WAI YEE, STELLA	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 11:20



27°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	MA SEK WAI YEE STELLA	馬石慧儀	70842 SCAA	1:37.38	HKMACR, R
2	1-4	YEUNG WING HAN	楊詠嫻	70843 SCAA	1:44.26	

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協辦機構:



合作伙伴:



DESIGN CONSULTANTS
意樂設計顧問



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 5000M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 20:56.13		ANGELA COPSON		BIRMINGHAM, GB	2017/06/25
HONG KONG RECORD 15:45.87		CHAN MAN YEE MAGGIE 陳敏儀			2002/05/03
Masters ACR 28:18.00		Lau Fung Ling Rebecca	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD 28:18.00		Lau Fung Ling Rebecca	Hong Kong Masters Athletics	TKO SG	2018/10/27

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-26	YEUNG WING HAN	楊詠嫻	70843 SCAA	29:30.11	
						<i>Split: 05:23.58 (5:23.58) 11:14.80 (5:51.22) 17:11.11 (5:56.31) 23:33.55 (6:22.44) 29'30.109 (5:56.45)</i>
2	1-27	AU YUK LIN	歐玉蓮	70836 PKMSAA	29:51.52	
						<i>Split: 05:35.80 (5:35.80) 11:22.74 (5:46.95) 17:27.07 (6:04.32) 23:41.32 (6:14.26) 29'51.519 (6:09.67)</i>

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合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.02	ROSEMARY CHRIMES		DERBY, GBR	2003/06/07
Masters ACR	6.06	WONG MIU TO 黃妙桃			2022/11/27
HKMAC RECORD	6.06	WONG MIU TO 黃妙桃			2022/11/27

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-4	WONG MIU TO 黃妙桃	70840 PKMSAA	6.81m.	HKMACR, R	5.74	5.78	5.67	6.81
2	1-2	<i>Split:</i> CHEUNG LAI KUEN 張勵娟	70838 PKMSAA	3.90m.		3.51	3.41	3.72	3.90
3	1-3	<i>Split:</i> AU YEUNG SAU KUEN 歐陽綉娟	70837 PKMSAA	3.68m.		3.19	3.68	3.02	3.61
4	1-1	<i>Split:</i> NG LAI HA 吳麗霞 <i>Split:</i>	70839 PKMSAA	3.00m.		2.52	3.00	2.45	2.67

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協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	4.26	CAROL LAFAYETTE-BOYD		SAINT JOHN, CA	2012/08/10
HONG KONG RECORD	6.50	YUE YA XIN 俞雅欣	The 19th Asia Games	Hangzhou Sports Centre	2023/10/02

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-1	WONG MIU TO 黃妙桃	70840 PKMSAA	1.66m.		1.39 +1.0	1.42 +0.9	1.66 +0.7	1.50 +0.6

Split:

long jump shot put
javelin 5000m discus
100m 80m hurdles
400m 200m
110m hurdles 3000m
100m hurdles 800m high jump
100m hurdles 3000m walk
4x100m 4x400m

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合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	29.03	MASAKO SUZUKI		NARA, JPN	2018/10/28
Masters ACR	12.07	FUNG MARY LENA 馮瑪利			2022/11/27
HKMAC RECORD	12.07	FUNG MARY LENA 馮瑪利			2022/11/27



28 2023/10/28



Start: 15:05



26°C



84%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-6	WONG MIU TO 黃妙桃	70840 PKMSAA	12.71m.	HKMACR, R	10.86	11.68	11.11	12.71
2	1-1	<i>Split:</i> YEUNG YING YING 楊瑩瑩	70841 PKMSAA	11.87m.		11.82	9.29	10.27	11.87
3	1-2	<i>Split:</i> CHEUNG LAI KUEN 張勵娟	70838 PKMSAA	6.26m.		5.25	5.69	6.26	5.14
4	1-4	<i>Split:</i> AU YEUNG SAU KUEN 歐陽綉娟	70837 PKMSAA	6.10m.		6.10	5.91	5.78	5.32
5	1-3	<i>Split:</i> NG LAI HA 吳麗霞	70839 PKMSAA	5.87m.		5.24	5.87	x	5.45
	1-5	<i>Split:</i> MA SEK WAI YEE STELLA 馬石慧儀	70842 SCAA	DNS					

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	33.55	TAMARA DANILOVA		NYiREGYHaZA,	2010/07/23
HONG KONG RECORD	44.20	TO YUEN KWAN 杜婉筠			2022/05/28
Masters ACR	12.64	FUNG MARY LENA 馮瑪利			2022/12/04
HKMAC RECORD	12.64	FUNG MARY LENA 馮瑪利			2022/12/04



2023/10/29



Start: 17:10



27°C



62%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-5	WONG MIU TO 黃妙桃	70840 PKMSAA	13.15m.	HKMACR, R	12.43	13.15	12.03	12.32
2	1-1	<i>Split:</i> YEUNG YING YING 楊瑩瑩	70841 PKMSAA	10.32m.		10.04	9.06	x	10.32
3	1-3	<i>Split:</i> AU YEUNG SAU KUEN 歐陽綉娟	70837 PKMSAA	9.29m.		x	9.29	x	x
4	1-2	<i>Split:</i> CHEUNG LAI KUEN 張勵娟	70838 PKMSAA	9.15m.		8.72	x	8.82	9.15
	1-4	<i>Split:</i> MA SEK WAI YEE STELLA 馬石慧儀	70842 SCAA	DNS					

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